

National Personal Training Institute Orlando
Personal Training Program
Program Length: 4.5 Months

Q.

How much will this program cost me?

A.

Tuition	\$6325
Registration Fee	\$50
Books	\$275
<u>Lab Fees</u>	<u>\$250</u>
Total	\$6900

* The amounts shown above include costs for the entire program, assuming normal time of completion. Note that this information is subject to change.

Q.

What financing options are available to help me pay for this program?

A.

Financing for this program may be available through grants, scholarships, loans (federal and private) and institutional financing plans.

Q.

How long will it take me to complete this program?

A.

The program is designed to take 4.5 months to complete. Of those who completed the program in 2014-2015, 98% finished in 150% of the program length.

Q.

What are my chances of getting a job when I graduate?

A.

The job placement rate for students who completed this program is 82%.

Other costs for this program: None

Job Placement Rate Information

Name of the accrediting agency this placement rate is calculated for:

Accrediting Commission of Career Schools and Colleges

Follow the link below to find out who is included in the calculation of this rate:

<http://www.accsc.org/>

What types of jobs were these students placed in?

The job placement rate includes completers hired for: Jobs within the field

Positions that recent completers were hired for include: Personal fitness trainer in health clubs, vacation resorts, spas, private practices, fitness centers, corporate programs, hotels, country clubs, cruise ships, and with athletic teams.

When were the former students employed?

This rate is based on program completers who were employed within 90 days of completion, with some working in the field before they graduated and were employed for at least 6 weeks.

How were completers tracked?

Completer/alumni survey (80% response rate)

Additional information related to this program and/or the information provided above

No additional information provided

More information on jobs related to this program:

Personal Trainer: <http://online.onetcenter.org/link/summary/39-9031.00>

The Personal Training career path is included as one of the U.S. Bureau of Labor Statistics' "TOP 100 Overall Job Openings."

Referencing "Occupations with the Most Openings," "Fitness Trainer" is in the top 100!

Referencing "Fastest Growing Occupations Requiring Post-Secondary Training," "Fitness Trainer" is #3.

Referencing "Occupations with the Largest Employment Requiring Post-Secondary Education," "Fitness Trainer" is #10 in the category.

"Fastest Growing Occupations"

Referencing "Recreation and Fitness Workers, Job Outlook," "Opportunities are expected to be better for fitness trainers and instructors because of relatively rapid growth in employment."

For more information, visit the U.S. Department of Labor Statistics' [website](#).

NPTI Orlando graduates who finish the course in the prescribed amount of time are employed in health & fitness related professions 82% of the time, within twelve (12) months of graduation. NPTI cannot guarantee job placement but does provide job placement assistance services.

For additional career information on the personal trainer occupation profile (and related occupations), please see: CIP Code, 39-9031.00 Fitness Trainers and Aerobics Instructors "Bright Outlook" <http://www.onetonline.org/link/summary/39-9031.00>

For related personal fitness trainer occupations (e.g. occupational therapy assistants, physical therapist assistants, etc.), please see this webpage: <http://www.onetonline.org/link/summary/39-9031.00#RelatedOccupations>

SPECIAL NOTE: Please note that both salary and hourly pay information is averaged for all parts of the United States and includes both full-time and part-time employees. Hourly and salaried information is not necessarily for full-time, 40+ hour per week employees. A large percentage of fitness employees do work part-time, and the data noted herein reflects that. For actual salary and hourly pay, please consult with your prospective employer (e.g. 24-Hour Fitness, LA Fitness, Equinox, Gold's Gym, etc.)

"In a survey conducted by the National Coalition for Promoting Physical Activity & Health (NCPAAH) and the Centers for Disease Control (CDC), more than 30 million Americans are thinking about starting an exercise program." - Emerging Trends in the Personal Training Industry", by Sherri and Alex McMillan, from www.PTontheNet.com,

and...

"Consumers realize that noteworthy results in exercise come from systematic and structured fitness plans developed by qualified fitness professionals," says Dr. Len Kravitz, PhD, Senior Exercise Physiologist for Health & Fitness Association.

A career in personal training has a future in the fitness and health industry:

- Entry-level employment positions offer \$15 - \$18/hr., while self-employed, entry-level trainers bill \$45 - \$55/hr.

- Experienced management/ownership roles include \$85K+ annual compensation packages, while experienced, self-employed trainers bill clients \$85 - \$125/hr.
- This rewarding career can satisfy your desire to be an entrepreneur, an employee of a corporate fitness chain, or a trainer in a smaller fitness center. You can even find yourself as a valued employee in an assisted living center or physical therapist's office.
- Begin your health and fitness career as a personal training professional, and you could become a fitness manager/director, group fitness instructor, fitness marketing director, group fitness program director, sales manager, regional manager, or a facility general manager.

If you have ever thought about a career in personal training, now is the time to pursue that goal!