



If your goal is to become one of tomorrow's leading professional personal trainers, then your journey should begin at the National Personal Training Institute, Oregon.

We provide a combination of the best equipment in the industry in a beautiful 5,700 square foot facility along with an impressive 440 hour personal training program taught by professional personal trainers. The seasoned instructors at the National Personal Training Institute, Oregon will put you through the paces and teach you all of the nuances of the latest equipment and exercise techniques. This will ensure that you can safely and effectively help each client reach their fitness goals. From day one students spend 200 hours of hands-on practical application to learn how to apply their knowledge in the best way possible via real-world scenarios. In addition to the hundreds of hours you will spend in the gym in our six-month or twelve-month course, you will get superior classroom education. We provide the latest education tools, like a state-of-the-art projection system for multimedia lectures, the latest course books, and in-house physical testing and assessment equipment.

Everything that we do is designed to integrate the physical with the practical and the scientific. This ranges from teaching a deep understanding of correct posture and movement analysis, anatomy and physiology to fitness program design, nutrition, fitness assessment, and beyond. The National Personal Training Institute Oregon brings in guest lecturers such as health and fitness professionals that share their insights and expertise in both the health and fitness aspects, as well as the business aspects of a career as a professional fitness trainer. From business planning and marketing to public speaking and ethics, you will learn everything that you need to become a successful and well-rounded professional personal trainer.

Upon completion, you will have a well-respected diploma in Personal Training along with CPR/ First Aid/ AED Certifications. We also train you to take the NASM-CPT Certification exam and provide you with what you need to tackle other certifications that make you even more marketable. We strive to provide you with everything you need from flexible payment plans to placement assistance. Give us a call today to find out how you can set the bar as a professional certified personal trainer through education at the National Personal Training Institute, Oregon.

Yours in Fitness,

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