



THE FITNESS INDUSTRY'S GLOBAL COMMUNITY

SUPPORT THROUGH YOUR ENTIRE CAREER

NATIONALPTI ONLINE CERTIFIED PERSONAL TRAINER (CPT) CERTIFICATION

ONE STOP SHOP – EDUCATION, CERTIFICATION, & CONTINUED SUPPORT TOWARDS YOUR TRANSFORMATION

BECOME A FITNESS PROFESSIONAL

Our National Personal Training Institute Online Certification (CPT) program is second-to-none. Our industry-leading 100-hours of holistic health, wellness and exercise science education presented **online** is conducted and written by some of the best in the industry. We pride ourselves on being different than any other Certification Company out there. We don't even compare. We believe in educating through experiences, stories, and arming the student with the transfer from the education to the real-world situation. We eliminate the textbook – test – forget path. We create a path where you are supported and taught to adapt the education with your own experiences and flare into your everyday coaching, teaching, and situations. Find our course in any language in the world!

WHAT MAKES US DIFFERENT

- We are an authentic voice ~ and encourage you to find your voice as well
- We hold your hand through the entire journey
- We set you up to be able to transfer and adapt your education to real-world situations – Graduate with all of the imperative tools to assist in your success, today!
- We educate through stories, examples, practical application, and REFLECTION
- We hold you accountable by reaching out on a regular basis
- We connect you with a world-wide network
- We assist in job placement
- NationalPTI Family Members (Alumni) get 20% off CEUs for life

CONTINUING EDUCATION UNIT CLASSES & WORKSHOPS

We offer Continuing Education Units/Credits (CEUs) and Workshops for everyone in the Health, Wellness, and Fitness Industry. Our CEUs are exceptional and will improve your fitness professional skills and knowledge to keep ahead in the fast-paced industry. We have authors and Certification creators from all over the nation and across the globe. It is our philosophy that we put you in front of the best in the industry through each one of our education avenues; online and in-person. (Workshops available in select locations. Check with your area Director.)

As a companion to the easy to use online portal – and to give you the added support through the class our platform - you will receive the following with all of our classes:

- *Resources available for every learning style (read, listen, apply, reflect, research, videos, real-world examples and application)*
- *Practice quizzes*
- *One FREE retake on your Final*
- *Classes are written in the Instructors voice. You will hear the personality, the stories, and the application, as if they are standing in front of you.*
- *Download your class books/manuals*
- *Turn the text into audio with the touch of a button*
- *Communicate with other students, Fitness Professionals, and instructors all over the world in our chat rooms*
- *End of Lesson Worksheets and Reflections to solidify and apply your learning instantly*



COMPREHENSIVE COURSE OUTLINE

Our innovative and comprehensive National Personal Training Institute Certification (CPT) Program has been designed with you in mind. The 100-hour in-home theory learning is presented in a way that you will understand. Our authors have a combined 100+ years of teaching experience and share their knowledge through stories, metaphors, and easy to grasp lessons. Learn from the best while in the comforts of your home.

50 Hours Anatomy and Physiology

The Human Movement System
Kinesiology
Biomechanics
Bioenergetics
Program Design

20 Hours Business Savvy

Vertical and Horizontal Scaling
Sustainability
Culture is King
Control Your Money

Go to: **nationalpti.org**
for more information and to
meet your area Director

30 Hours Health and Wellness

Stress Adaptation
Mindfulness
Sleep and Recharge
Exercise and Activity
Detoxification and Hormones



→ Don't like textbook jargon?

~ Not included.

→ Intimidated by doing something on your own because you need accountability?

~ We hold you accountable and check in regularly.

→ Looking to be a part of something?

~ You are a part of our NationalPTI Family for life.

→ Want to be associated with an education that puts the focus on giving back and changing lives all over the world?

~ You will wear your association with pride you can share with the world – via our website – your life-changing story.



**FASTEST
GROWING
INDUSTRY
ACCORDING TO
BUREAU OF
LABOR
STATISTICS**



JOB PLACEMENT ASSISTANCE

Each State Territory has a representative that is connected to gyms across the entire state. They have the pulse of the industry in that specific geographical location and know when jobs become available. Through those connections it is our goal and objective to make sure that each one of our students is put in contact with someone for an interview in their area of expertise.

The National Personal Training Institute's CPT program is designed to give all of our alumni an advantage in this industry. The knowledge insight, business savvy mindset, opportunities for application in the real-world continuing education, and network will make you stand out in an industry that is hungry for our graduates. But just to make sure, we have a Gym Partnership program that breaks the ice for you. Let us make the relationships and sell the advantage so you are no longer hunting for jobs but are the hunted.

THE JOURNEY OF A NATIONALPTI STUDENT

1. Sign up for the Online CPT Certification at NationalPTI.org
2. Connect with your local NationalPTI Director that will support you through your entire journey and answer any and all questions you may have.
3. Complete the course in under 6 months.
4. Read, listen, watch, interact, reflect, write good notes and apply the information you learn instantly in each lesson and chapter.
5. Take each quiz up to 3 times at the end of each chapter to solidify your learning.
6. Use the quizzes to study for your final and take it in the comfort of your own home.
7. You have one FREE retake on your cumulative final to assist in passing it with an 80% or higher.
8. Upon passing your final test, your certification will be waiting for you in your account profile. It will always be stored there for your convenience.
9. Now that you are a NationalPTI Family Member, you will receive a coupon for 20% off CEUs for life.
10. Being a part of the family, you will also get support and job placement assistance for life.
11. You are now a part of the largest Health, Wellness, and Fitness Network in the world. Welcome!



**WE GIVE YOU
THE TOOLS TO
RUN A
SUCCESSFUL
BUSINESS**

**ONGOING
EDUCATION
AND
RESOURCES**



**EDUCATION.
MOTIVATION.
TRANSFORMATION.**

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